

AYSA - Player Profile

Personal Details

Name: Brenda Chaparangana

Nationality: <u>E</u> Zimbabwe

Born:

Age:

Graduation: Primary Level

Height: 162 cm
Weight: 43 kg
Foot: right
Main Position: Centre Back

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Side Position: Central Midfield

♦ Development History

Achievements and International Experiences

Since Aces Youth Soccer Academy

Harare, Zimbabwe

Strengths

1 vs 1 defense

- She has a good timing and anticipation in the 1 vs 1 duels.
- She even tries to get in front of the striker to be first on the ball.

Starting the open play out of the back (1st phase of open play)

She is calm even under pressure. She tries to avoid the play of uncontrolled long passes.

♦ In Need of Improvement

Reading / understanding of the game

• She needs to improve her anticipation to be in the right position.

♦ Performance Diagnostics (see attachment)

10 m Speed Test	20 m Speed Test	Change of Direction	Dribbling	Yo-Yo-Test (IEL1)
2,88	4,34	9,43	12,98	Stage 6.10

Rating (see attachment)

5,5

♦ Contact Persons

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Nigel Munyati

Harare, 30th September 2015